

Mapping the Arts & Health 2010

An Inventory of Initiatives & Resources



Prepared by the
Alberta Foundation for the Arts (AFA)

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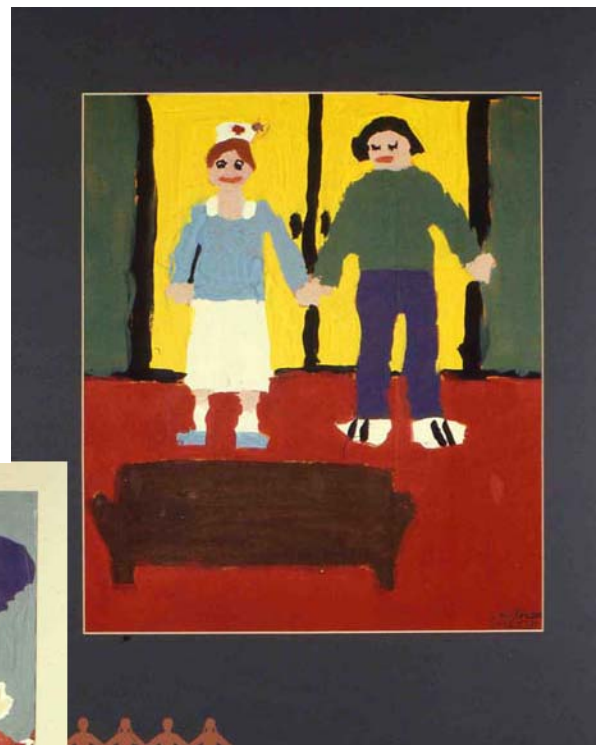
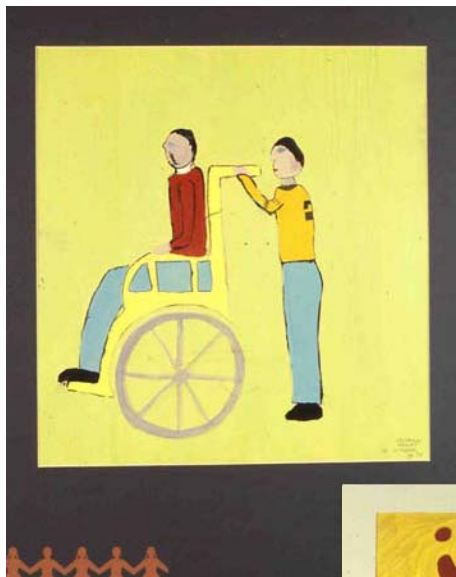
Acknowledgements

First, thanks to the organizations, institutions and individuals who provided information—and who will continue to provide information—about their projects and programs for their willingness to share and contribute to this resource.

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The development of this inventory was also supported by Marlene Cox-Bishop (Department of Human Ecology, University of Alberta), Pamela Brett-MacLean (Arts and Humanities in Health and Medicine, University of Alberta) and Susan Pointe (The Friends of University Hospital Arts in Healthcare Program). Their guidance, advice and expertise were critical to the successful completion of this resource.

The project was managed by Michael Dickinson, Research Consultant with the Arts Branch of Alberta Community Development.



Introduction

Mapping the Arts & Health 2010 is an inventory of arts and health initiatives and resources in Alberta. This inventory is intended to provide information to enable effective networking among organizations, institutions and practitioners working in arts and health. It is also a resource that demonstrates the varied ways the arts are being used in health and wellness. The activities outlined in this inventory form the basis to tell the story of how the arts have a critical role to play in health.

All artistic disciplines have been considered in developing this resource – including the literary arts (e.g., poetry and writing), media arts (e.g., filmmaking), performing arts (e.g., dance, music and theatre) and the visual arts (e.g., painting and drawing).

In completing this resource a broad definition of health was assumed. This includes, but is not limited to, healthcare, health promotion, long-term care, therapeutic practice and rehabilitation. The role of the arts varies in each of these settings and the application of artistic practice is altered to best fit the situation.

The broad approach taken to complete this resource means that the inventory includes a wide range of activities and initiatives – from the community-level up to the use and engagement of professional artists. This demonstrates the breadth of ways that the arts can be incorporated into health and wellness settings. Creativity and expression can happen in various ways through different mediums—resulting in an enhanced sense of self, learning and healing.

The connections between arts and health are increasing in interest among organizations, institutions and practitioners in Canada. This growing interest has been supported recently by the First National Forum on Arts & Health co-sponsored by the British Columbia Arts Council, Health Canada and the University of British Columbia in March 2005. The forum brought together representatives from arts-based health projects, arts funding agencies, academic researchers and health professionals to engage in a dialogue about the role of the arts in health. Follow-up surveys following the forum have continued discussion of how to effectively establish an arts and health network in Canada.

In June 2005, the Society for Arts in Healthcare (SAH) held their annual international conference in Edmonton, AB. The conference was attended by delegates from various artistic and health-based disciplines. Plenary and concurrent sessions presented research studies, programs and resources that demonstrate the effectiveness of the arts in many areas of health. Networking opportunities for national and international practitioners, researchers and others helped to increase the “*buzz*” about arts and health in Alberta.

This inventory is intended to be a “*living document*.” It is recognized that other arts and health-based activities are occurring in Alberta. If you know of an initiative or are involved in a project not listed in this resource, please complete the form provided at the end of this inventory. Electronic versions are updated periodically and are available on the Alberta Foundation for the Arts’ (AFA) website at www.affta.ab.ca.

Methodology

Information for this inventory was collected through a short survey developed by the project team. A copy of this form can be found at the end of this document.

Sampling to locate potential institutions, organizations and individuals for the inventory was completed through a snowball technique. Initial contacts were provided to the contractor by the project team. The contractor then began to connect with these groups and individuals – asking each time for additional names of groups and individuals involved in arts and health-related activities.

In addition, the contractor established contact with each of the health regions in the province to discuss any current arts and health activities occurring. Initial contact was made with an administrator or recreation coordinator – depending on the information available on the region’s web site. Finally, a targeted Internet search was completed to determine if any other groups or individuals could be identified as working in the area of arts and health in Alberta.

It is accepted that not all current initiatives and resources have been collected to date. The project team does have a high level of confidence that as an initial view, this Inventory provides a strong picture of arts and health-related activities in Alberta. As the Inventory is distributed, additional initiatives and resources will be added to make it more complete and accurate.

Note on the format of the inventory

The inventory is divided into five key sections:

1. **Initiatives supported by Institutions**—organizations or groups that support arts and health-related programs;
2. **Programming by Health Region**—arts and health activities happening in each of Alberta’s health regions;
3. **Independent Initiatives**—programming that is supported by an individual or independent agency;
4. **Individual Practitioner**—individuals who practice in the arts and health as a living; and
5. **Research and Researchers**—current research being completed in Alberta and researchers who are leading the projects.

Initiatives Supported by Institutions

Centre:	AADAC Youth Services, Calgary
Address:	1005-17 Street NW, Calgary, AB T2N 2E5
Phone:	(403) 297-4664
Fax:	(403) 297-4668
Description:	<p>AADAC is a Silver Reel Agency Partner of the Hot Shots High School Film and Ad Festival. The festival offers opportunities for young people to showcase creative film making skills. The Centre was recently involved in a Hot Shots 2006 AADAC "Tobacco Free" Ad Brief.</p> <p>PhotoSpeak is a collaborative project of the Calgary Health Region, AADAC Youth Services, and Communities in Action with Children and Youth (CIACY). This project implemented the photovoice process which invites young people to take photographs or video of what they perceive adds to, or takes away from their health. It involves a diverse group of young people from the Calgary Area.</p>
Website:	www.aadac.com/86_242.asp

Centre:	AADAC Youth Services Edmonton
Address:	12325-140 Street NW, Edmonton, AB T5L 2C9
Phone:	(780) 422-7383
Fax:	(780) 427-0213
Description:	<p>At AADAC Youth Services Edmonton, an individual is contracted to provide art instruction for three hours each week. Sessions include instruction in art techniques as well as art history. Students are encouraged to express themselves through the creation of art during the session.</p> <p>An instructor is also contracted to provide musical instruction for two hours every week. These sessions offer instruction on keyboards, drums, and guitars using various methods.</p> <p>The addictions counsellors take opportunities during treatment groups to include painting, drawing, sculpture, drumming etc. to help the clients express their views on a variety of topics. Art, music and expressive therapy are also incorporated into various therapeutic and family groups.</p>
Website:	www.aadac.com/86_243.asp

Centre:	AADAC; Camrose Area Office
Address:	4814-50 Avenue, Camrose, AB T4V 0R9
Phone:	(780) 672-1181
Fax:	(780) 679-1737
Email:	camrose@aadac.gov.ab.ca
Description:	Creative Expressions is a series of workshops designed to employ the creative arts to develop strengths in women who are in recovery from substance abuse. It has been offered at the Camrose AADAC office for the past 2 years, running for 3–4 weeks during the summer months. Workshop activities have included creating healing dolls, bracelets, altered photos, and night/day dolls. The facilitator, Mary Wilton, has been the Area Supervisor in Camrose for over 20 years. She is a fabric artist, an associate member of the Canadian Art Therapy Association, as well as being a registered social worker.
Website:	www.aadac.com/86_256.asp

Centre:	AADAC; Drumheller Area Office
Address:	Provincial Building, 201 Centre Street PO Box 9 Drumheller, AB T0J 0Y0
Phone:	(403) 823-1660
Fax:	(403) 823-1762
Email:	drumheller@aadac.gov.ab.ca
Description:	Recent support of arts/health projects include: 1) the AADAC Community Project Grant – Trochu Youth Centre Graffiti Project: this grant provided funding for a local artist and a youth to work together to design wall art for a local youth center. The aim of the work was to highlight positive activities as alternatives to smoking or less healthy life choices. 2) Group Drumming: use of drums for presentations for ‘finding your rhythm – within groups and solo,’ covering the topics of substance use, abuse and healthy lifestyle choices. 3) The Badlands Drug Coalition employed a local graphic artist to design posters as well as a local sign printer to design and print bumper stickers, banners and t-shirts for an awareness campaign about the hazards of drinking and driving and crack cocaine use. An AADAC Grant assisted with the costs of this campaign.
Website:	www.aadac.com/86_264.asp

Centre:	AADAC Lethbridge Area Office
Address:	Main Floor, 200-5 Avenue S. Lethbridge, AB T1J 4C7
Phone:	(403) 381-5183
Fax:	(403) 382-4541
Description:	The Lethbridge Area office has facilitated a Sidewalk Chalk Initiative. High-risk youth and local youth workers spend a morning creating sidewalk art in downtown Lethbridge. The messages were created by AADAC's Youth Advisory Group. This small project is part of a larger initiative hoping to address the negative behaviours and social problems occurring in the downtown area.
Website:	www.aadac.com/86_286.asp

Centre:	Alberta Health Services, Addictions Wetaskiwin Area Office
Address:	Provincial Building, 2nd Floor, 5201-50 Avenue Wetaskiwin, AB T9A 0S7
Phone:	(780) 361-1358
Fax:	(780) 361-1379
Email:	wetaskiwin@albertahealthservices.ca
Description:	Art activities are used in treatment and prevention both with adults and youth, including: mandala coloring, worry boxes, goal boxes, water color-painting, and a variety of art-expression craft activities. Additionally, as part of an Alberta Tobacco Reduction Strategy, Youth Action and Advisory Project (YAAP), a theatrical skit was facilitated by the AADAC Wetaskiwin Office.
Website:	www.albertahealthservices.ca

Centre:	AADAC Residential Services
Address:	11333–106 Street Grande Prairie, AB T8V 6T7
Phone:	(780) 833-4342
Fax:	(780) 538-6359
Description:	Arts initiatives include the creation of therapeutic collages representing grief and loss, a designated music room where clients can listen to music or sign out a guitar and play music (which sometimes develops into impromptu sing-a-longs), and visual art materials available to clients who indicate an interest in drawing.
Website:	www.aadac.com/79_571.asp

Centre:	Arts & Heritage Foundation of St. Albert
Address:	20 Perron Street St. Albert, Alberta, T8N 1E5
Phone:	(780) 459-1194
Fax:	(780) 459-1232
Email:	ahfsta@artsheritage.ca
Description:	<p>Arts and Heritage promotes the visual arts, and the natural and human heritage of St. Albert and district. Arts and Heritage manages Profiles Public Art Gallery, Musée Héritage Museum and the St. Albert Heritage Sites. We offer exciting programs, exhibitions, and research opportunities and ensure the preservation of our historic buildings and significant artifacts.</p> <p>Profiles Public Art Gallery features monthly exhibitions and a variety of public programs, which provide hands-on opportunities for thousands of children, youth and adults throughout the year.</p> <p>Musée Héritage Museum explores the story of St. Albert through a variety of programs, preserving the community's history to enjoy now and for the future.</p> <p>Arts and Heritage also manages the Little White School, St. Albert Grain Elevator Park and River Lot 24 and its associated houses and agricultural buildings. The Heritage Sites offer unique school and public programs delivered by costumed interpreters.</p>
Website:	www.artsheritage.com

Centre:	Arts & Humanities in Health and Medicine Program
Address:	2-74 Zeidler-Ledcor Centre, Faculty of Medicine and Dentistry, University of Alberta, Edmonton, AB T6G
Contact:	Pamela Brett-Maclean, PhD Director
Email:	pbrett-maclean@med.ualberta.ca
Description:	<p>The Arts & Humanities in Health & Medicine Program was launched in 2006 by the Faculty of Medicine & Dentistry at the University of Alberta. The program's focus is on promoting awareness of the significance of the arts and humanities in relation to health and medicine, and also promoting involvement in related initiatives among students, residents, faculty and staff. The overall mission of the program is to engender a balance of science and the humanities within the Faculty to foster the development of well-rounded health professionals who are skilled, caring, reflexive and compassionate practitioners. The AHHM program aims to contribute to the life of the faculty, the university at large, and the Edmonton community through</p>

	innovative curricular offerings and extra-curricular experiences. In addition, research into the multiple overlapping areas that consider the significance of the arts and humanities in health and medicine is being introduced.
Website:	www.ahhm.med.ualberta.ca/Home/index.cfm

Program:	Glenbow Museokits
Centre:	Glenbow Museum
Address:	30 — 9 Avenue S.E. Calgary, Alberta T2G 0P3
Contact:	Glenbow Bookings Department
Phone:	(403) 268-4110
Email:	bookings@glenbow.org
Description:	The Glenbow's Museokits are "mini museums in a box" that are designed to encourage discussion and social interaction. Each kit might include reading material, audio cassettes, archival photographs, illustrations, and many other types of objects. The kits are designed to engage participants and encourage reflection; they are miniature museums specifically designed to support a broad range of interests, backgrounds and abilities.
Website:	www.glenbow.org

Program:	MultiHeritage Kit Program; Reminiscence Program
Centre:	Multicultural Heritage Centre
Address:	Box 2188 Stony Plain T7Z 1X7
Contact:	Rebecca Still, Museum Manager
Phone:	(780) 963-2777
Fax:	(780) 963-0233
Email:	rebecca@multicentre.org
Description:	<p>The <i>Multi</i>-Heritage Kit Program is comprised of kits and programs for different age groups and interests which are designed to encourage intergenerational interaction and stimulate the mind by evoking memories. Reminiscence and <i>Multi</i>Heritage Programs, available on and off-site, connect students and seniors on an interactive basis, encouraging story-telling and active learning.</p> <p>The Multicultural Heritage Centre currently owns sixteen kits on various themes including a newly developed <i>Hats Off Kit</i> for public & educational programs that address the importance for tolerance and respect for different personalities, lifestyles, cultures and traditions. In-services and workshops about the Kit Program can be provided for Recreation Therapists.</p>
Website:	www.multicentre.org

Centre:	Nina Haggerty Centre for the Arts
Address:	9225 118 Ave, Edmonton, AB T5G 0K6
Contact:	Wendy Hollo, Director
Phone:	(780) 474-7611
Fax:	(780) 474-7601
Email:	info@ninahaggertyart.ca
Description:	A collective of artists with developmental disabilities, creating art in an open studio. Mediums include: drawing, painting, computer and photo-based art, printmaking, ceramics and sculpture. The Collective is supported by seven to nine professional artists and volunteers; participants receive creative and technical support in self directed creative expression. The Centre also operates a public gallery on site, the Stollery Gallery, and provides space for various community events within its inner city neighbourhood, including free or low cost community and family art classes.
Website:	www.ninahaggertyart.ca

Programming by Health Region

Aspen Health Region

Centre:	Athabasca Extendicare
Address:	4517 - 53rd Street Athabasca, AB T9S 1K4
Contact:	Tracy Tarrant, Recreation Therapist and Social Worker
Phone:	(780) 675-2291
Fax:	(780) 675-3833
Email:	cnh_athabasca@extendicare.com
Description:	Art initiatives for Long Term Care residents are coordinated by the Recreation Therapy department and include music, special performances (on and off site) and craft programming.
Website:	www.extendicarecanada.com/athabasca/index.aspx

Centre:	Barrhead Health Care Centre; Continuing Care
Address:	5336 59 Ave, Barrhead, AB T7N1L2
Phone:	(780) 674-4506 (Recreation Therapy department)
Description:	Recreation therapy acknowledges the significance of leisure and recreation as important components for optimal health and well-being for individuals with illnesses and disabling conditions. Recreation therapists work closely with health service teams to provide services in the Area in adult day programs and continuing care.
Website:	www9.albertahealthservices.ca/Default.aspx?cid=13&lang=1

Centre:	Bonnyville Health Centre
Address:	5001 Lakeshore Drive, Bonnyville, AB T9N 2J7
Contact:	Wendy Campbell, Recreation Therapist Leanne Campeau, Recreation Assistant
Phone:	(780) 826-3311
Fax:	(780) 826-6526
Description:	Art initiatives for Long Term Care residents include special craft projects for the holidays, guest group musical performances and "Tunes with Leanne." These initiatives are coordinated by the Recreation Therapy Department.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000373

Centre:	Cold Lake Health Centre
Address:	314 - 25th Street, Cold Lake, Alberta T9M 1G6
Department:	Recreation Therapy
Phone:	(780) 639-3322
Description:	Recreation therapy acknowledges the significance of leisure and recreation as important components for optimal health and well-being for individuals with illnesses and disabling conditions. Recreation therapists work closely with health service teams to provide services in the Area in adult day programs and continuing care.
Website:	www9.albertahealthservices.ca/Default.aspx?cid=168&lang=1

Calgary Health Region

Centre:	Alberta Children's Hospital
Address:	2888 Shaganappi Trail NW Calgary, AB T3B 6A8
Contact:	Sandy Baggott, Special Program Coordinator – Child Life Specialist
Phone:	(403) 955-2593
Fax:	(403) 955-2853
Email:	sandy.baggott@calgaryhealthregion.ca
Description:	The new Alberta Children's Hospital (opening September 2006) will have an extensive art collection of over 100 pieces. Each piece will have been juried by members of an independent art advisory committee. The hospital will also be home to Wayfinding sculptures, including a series of bronze animal sculptures chosen for what these animals symbolize in Aboriginal culture. In early 2007, a Therapeutic Arts program will be launched at the Alberta Children's Hospital. Modeled after

	existing therapeutic programs in the creative arts, this program will include visual, musical and performing arts.
Website:	www.childrenshospital.ab.ca

Centre:	Banff Mineral Springs Hospital
Address:	301 Lynx Street, Box 1050, BANFF AB T1L 1H7
Contact:	Sean McCartney, RecTherapist/ Volunteer Coordinator
Phone:	(403) 760-7222 ext. 160
Fax:	(403) 762-4193
Email:	sean.mccartney@calgaryhealthregion.ca
Description:	The Recreation Therapy program coordinates musical performances and crafts programming to provide sensory stimulation for those in Long Term care. The programming draws on volunteer resources from the community.
Website:	www.banffmineralspringshospital.ca/index.html

Centre:	Canmore General Hospital
Address:	1100 Hospital Place, Canmore, AB T1W 1N2
Contact:	Karen Drummond, Recreation Therapist/ADSP Coordinator
Phone:	(403) 678-7177 ext. 7148
Description:	Canmore Hospital houses an Art Walk where local artists can sell their art. A 30% commission is retained by the Hospital. Recreation Programming provides arts & crafts activities for Long Term Care and the Adult Day Support programs that operate in Banff and Canmore. Activities include painting, stained glass making, ceramic sculpting and model-making. Residents also take trips to performing arts events, such as Music in the Park in Banff. The Day Support program offers daytrips to art galleries and other performances, and local artists are brought in to teach. The hospital also hosts performances by Edmonton Street Performers every fall, an initiative made possible by corporate sponsorship.
Website:	www.albertahealthservices.ca/facilities.asp?pid=saf&rid=1007260

Centre:	CAREWEST
Address:	Carewest Administrative Centre 10301 Southport Lane SW, T2W 1S7
Contact:	Debby Clegg, Coordinator, Volunteers Resources
Phone:	(403) 943-8157
Email:	Debby.Clegg@albertahealthservices.ca
Description:	Carewest is a wholly-owned subsidiary of Alberta Health Services and is Calgary's largest public care provider of its kind. Carewest operates ten sites aimed at helping people live more

	<p>independent lives. Our spectrum of care is available to adults of all ages and includes long-term care, rehabilitation and recovery services, and community programs and services. Carewest Colonel Belcher, Carewest Dr. Vernon Fanning Centre, Carewest Sarcee, Carewest Signal Pointe, Carewest Royal Park, Carewest Glenmore Park, Carewest Nickle House, Carewest George Boyack, and Carewest Garrison Green,(openng the spring of 2010).</p> <p>Several of our care centre offer a weekly art painting programs. These painting programs are taught by an art instructor whose salary and art supplies are paid through donations. An art show is held at the end of the year. In addition to the art programs, various other arts programming such as ceramics, fiber arts, and seasonal craft projects are offered at each site.</p>
Website:	www.carewest.ca/

Centre:	Foothills Medical Centre
Address:	1403 - 29 Street N.W., Calgary, AB T2N 2T9
Contact:	Trudy D. Krueger, Manager, Community & Volunteer Resources
Phone:	(403) 944-1336
Email:	Trudy.Krueger@CalgaryHealthRegion.ca
Description:	The Foothills Medical Centre displays part of the AFA Art Loan Collection for patients, staff & visitors to enjoy.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1001105

Centre:	Little Bow Continuing Care Centre
Address:	316 Armstrong Street, Box 160 Carmangay, AB T0L 0N0
Phone:	(403) 643-4211
Description:	Arts programming is facilitated by the Recreation Therapy Department. Because the majority of residents have dementia and other cognitive disabilities, the staff offer music as the largest and most important part of the programming. Volunteers are engaged for special performances for the residents.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1027152

Centre:	Vulcan Community Health Centre – Long-term Care Centre
Address:	610 Elizabeth Street South, Box 214 Vulcan, AB T0L 2B0
Contact:	Sherri Gooch, Recreation Therapist
Phone:	(403) 485-3307
Email:	sherrigooch@calgaryhealthregion.ca
Description:	The Recreation Therapy Department offers a variety of arts and crafts through their weekly programs – including woodworking, gardening and pressed flower crafts. Craft sales to support the costs of the program are also completed. With the help of volunteers, staff members also emphasize music as an important part of the programming. Four different community groups entertain each week. The local United Church choir also rehearses in the Centre, and residents are welcome to watch the practices.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1001052

Centre:	Willow Creek Continuing Care Centre
Address:	4221 – 8 Street West, Box 700 Claresholm, AB T0L 0T0
Contact:	Debbie Miller, Recreation Therapist
Phone:	(403) 625-8613
Email:	dmiller@calgaryhealthregion.ab.ca
Description:	Arts programming includes visual arts and performance arts. The Recreation Therapy department facilitates a monthly talent show as well as administers an oil painting class for Long Term Care residents.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1863

Capital Health Region

Centre:	Alberta Hospital Edmonton
Address:	17480 Fort Road, PO Box 307 Edmonton, Edmonton, AB T5J 2J7
Contact:	Terry Neumann, Recreation Therapist (Unit 81A)
Phone:	(780) 342-5555
Email:	terryneumann@cha.ab.ca
Description:	The Alberta Hospital Edmonton offers a Visual Fundamentals Program for patients referred by Outpatient services and Adult Psychiatry. Clients explore creating art with different mediums. All levels are accommodated in the program, from beginner to professional. Those wishing to pursue their work in a more professional vein are linked up with further services. The program focuses on skill acquisition, skill development, and art appreciation.
Website:	www.capitalhealth.ca/hospitalsandhealthfacilities/hospitals/albertahospitaledmonton/default.htm

Centre:	CAPITAL CARE <i>Dickinsfield</i>
Address:	14225-94 St., Edmonton, AB T5E 6C6
Contact:	Jan Hrasko, Recreation Therapist
Phone:	(780) 371-6500
Description:	Dickinsfield offers a weekly acrylic art class led by an instructor from the community. Residents sign up for an eight-week session and pay a small fee which includes all of their supplies such as paint, brushes and materials. At the end of the session, an evening art show is held and often incorporated into a wine and cheese event or a pub night. In an average year, sessions are offered 4 times and are attended by 8-12 residents. Informal arts programming includes ceramics, a stitch and chat group, woodworking, ornamental glass painting, and a creative craft called zipper art that uses the teeth from zippers to create a bordered outline into which layers of colored sand are poured.
Website:	www.capitalcare.net/centres/dickinsfield.html

Centre:	CAPITAL CARE <i>Grandview</i>
Address:	6215-124 St. Edmonton, AB T6H 3V1
Contact:	Barb Potter, Recreation Therapist
Phone:	(780) 496-7100
Description:	Grandview offers a weekly acrylic art class to geriatric residents whose diagnoses include moderate to severe dementia, Multiple Sclerosis and strokes. Each week, a group of residents gather for art class where they receive careful guidance from a volunteer art teacher (Jo-Anne Rasmussen, a retired school teacher and artist) and other volunteers. Using simple techniques and tools such as cut-up credit cards, sponges, stenciling and string, residents work within their own unique abilities to create beautiful art. Each year in June, Grandview holds an art show and sale, featuring framed resident paintings. Proceeds from the sale go towards the centre's art program. The program has been operating for seven years.
Website:	www.capitalcare.net/centres/grandview.html

Centre:	CAPITAL CARE <i>Lynnwood</i>
Address:	8740 – 165 St., Edmonton, AB T5R 2R8
Contact:	Diana Vrcic, Recreation Therapist
Phone:	(780) 341-2300
Description:	Lynnwood offers a weekly acrylic painting class on Monday mornings, and a ceramics program on Thursday mornings. The painting class is lead by a volunteer and the residents post their artwork in their rooms. The painting class started in May 2006. The ceramics program is lead by a staff member and the residents usually work on their own projects to give as gifts. On occasion they work on centre projects such as beautification of the garden with ceramic animals as well as planting pots, or on other items for a ceramic sale occasionally held at the centre.
Website:	www.capitalcare.net/centres/lynnwood.html

Centre:	CAPITAL CARE CHOICE <i>Norwood</i>
Address:	10404-111 Avenue, Edmonton, AB T5G 3A2
Contact:	Shirley Simpson, Activities Convener Janie Fredericks, Rehabilitation Attendant
Phone:	(780) 496-3200
Description:	Norwood is offering a new acrylic and watercolour class which started in September 2006. The program runs for two hours each week and is taught by professional artist Willy Wong. Participants pay a small fee for the class. CHOICE Norwood also offers participants a variety of informal art programs. Activities include working on seasonal arts and crafts to display to enhance the day program environment. Some of the things participants have worked on include: painting clay pots, painting wood items, creating ceramic items, decoupage, floral arranging, card making, ceramic tiling and making concrete products. These items are available for purchase at sales that raise funds to support these ongoing programs.
Website:	www.capitalcare.net/centres/norwood.html

Centre:	CAPITAL CARE <i>Strathcona</i>
Address:	12 Brower Drive, Sherwood Park, AB T8H 1V3
Contact:	Nicole Van Velzen, Rehabilitation Attendant
Phone:	(780) 467-3366
Description:	Arts & Crafts programming
Website:	www.capitalcare.net/centres/strathcona.html

Centre:	Cross Cancer Institute
Program:	Arts in Medicine Program
Address:	11560 University Ave, Edmonton AB, T6G 1Z2
Contact:	Dr. Marilyn Hundleby, Executive Director, Arts in Medicine, Department of Psychosocial Resources, Cross Cancer Institute
Phone:	780) 432-8365
Fax:	(780) 432-8357
Email:	marilynh@cancerboard.ab.ca
Description:	Arts in Medicine was initiated in 1998 within the Department of Psychosocial and Spiritual Resources at the Cross Cancer Institute. The program has grown over the years, providing patients and family members with unique opportunities to discover the healing power of art. Participants are encouraged to express their thoughts and feelings through a diverse array of artistic modalities, including painting, sculpting, photography, fibre arts and soapstone carving. Through the creative process, participants work to realize possibilities and discover new ways of looking at and moving through the cancer experience. The Arts in Medicine program receives financial support from the Alberta Cancer Foundation.
Website:	www.artsinmedicine.com

Centre:	Edmonton General Continuing Care Centre
Address:	11111 Jasper Ave, Edmonton, AB T5K 0L4
Contact:	Cathy Tam, Manager of Volunteer Resources
Phone:	(780) 482-8165
Email:	ktam@cha.ab.ca
Description:	As part of the recreation program, art and music programming is available for the residents. The Centre also has a hallway that exhibits local art on consignment.
Website:	www.caritas.ab.ca/Home/Hospitals/EdmontonGeneral/default.htm

Centre:	Good Samaritans Pembina Village
Address:	5225 50 th Street, Evansburg, AB T0E 0T0
Contact:	Joyce VandenElst, Recreation & Volunteer Services Coordinator
Phone:	(780) 727-4441 Ext. 5
Fax:	(780) 727-2410
Description:	Music is considered to be an important part of the services offered through Recreation & Volunteer Services, and is therefore offered to long term care residents at least once a week. Art shows by the Local Art Club are also brought in to

	display for the residents' appreciation. In addition, arts & crafts programming is offered weekly.
Website:	www.gss.org/loc_pembinaVillage.htm

Centre:	Kipnes Centre for Veterans
Address:	4470 McCrae Ave, Edmonton, AB T5E 6M8
Contact:	Tracey Mann, Recreation Therapist
Phone:	(780) 442-5700
Description:	Kipnes Centre for Veterans offers a daily Creative Arts program for the Elders, which is funded through Veterans Affairs Canada. The program offerings include: woodworking, card making, sewing, stained glass, flower arranging and the creation of a unique lotion and soap product line called "Ju Like It." The Veterans receive a monthly stipend based on the price of the product sold, less the cost of material. The Kipnes Centre also has a part-time Music Therapist, supported by VAC, who provides individual and small group activities such as: singing, playing instruments, reminiscing about past events/activities, prompting residents to have physical responses to music. The Elders also participate in a hand bell choir co-coordinated by the Music Therapist.
Website:	www.capitalcare.net/centres/kipnes.html

Centre:	Glenrose Rehabilitation Hospital
Address:	10230 111ave, Edmonton AB T5G 0B7
Contact:	Cathy Fagnan, Manager, Recreation Therapy, Volunteer and Aquatic Therapy Services
Phone:	(780) 735-8284
Fax:	(780) 735-7946
Email:	cathy.fagnan@albertahealthservices.ca
Contact:	Grace Maier, Director/Chair, Arts in Rehab Council
Phone:	(780) 735-8834
Email:	Grace.Maier@albertahealthservices.ca
Description:	<p>The Glenrose Arts in Rehab Council has a three-fold responsibility: Art Appreciation, the Acquisition of Art Work, and the Funding of Art Initiatives. The Council is comprised of volunteers from the Glenrose as well as external volunteers (eg. Representatives from the Faculty of Fine Arts and MacEwan University).</p> <p>Four galleries, limited to Alberta artists, are on site for patients, staff and visitors to enjoy. The permanent gallery hung throughout the hallways is comprised of donated artwork and pieces from the AFA Loan Collection.</p>

	With funding from the Alberta Foundation for the Arts and the Glenrose Rehabilitation Hospital Foundation, the Glenrose Artist in Residence program, <i>Art of the Possible</i> , is comprised of three art modalities—visual art, performing art and musical art.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=7822

Centre:	Grey Nuns Community Hospital
Address:	1100 Youville Drive East, Edmonton, AB T6L 5X8
Contact:	Teresa Lucier, Manager for Volunteer Services
Phone:	(780) 735-7271
Email:	teresa.lucier@covenanthealth.ca
Description:	Volunteer Services coordinates the Art Enrichment Program which consists of a collection of art work on a four month rotation in the hospital. The art is available for viewing and purchase by patients, staff and visitors. Future plans include the development of an Art Walk and Art à la Carte.
Website:	www.covenanthealth.ca

Centre:	Laurier House <i>Lynnwood</i>
Address:	16815-88 Avenue, Edmonton, AB T5R 5Y7
Contact:	Lorraine Szepesi, Activities Convener
Phone:	(780) 413-4712
Description:	Arts & Crafts Programming
Website:	www.capitalcare.net/centres/lh_lynnwood.html

Centre:	Laurier House <i>Strathcona</i>
Address:	12 Brower Drive, Sherwood Park, AB T8H 1V3
Contact:	Andrea LeBlanc, Activities Convener
Phone:	(780) 417-4353
Description:	Arts & Crafts programming
Website:	www.capitalcare.net/centres/lh_strathcona.html

Centre:	McConnell Place North Alzheimer Care Centre
Address:	9113-144 Avenue, Edmonton, AB T5E 6K2
Contact:	Roswitha Schmitt-Blouin, Leisure Coordinator
Phone:	(780) 496-2576
Description:	McConnell Place North offers an art program coordinated to seasonal activities. In the summer, flower arranging is almost a daily activity because residents can go out in the gardens and bring in flowers of their choice. At Easter time, Ukrainian egg

	painting is encouraged. MPN started a display window and some residents are involved in creating seasonal displays for the window. Artistic pursuits are used to help lessen feelings of agitation that can be common in Alzheimer's patients.
Website:	www.capitalcare.net/centres/mcconnell_north.html

Centre:	McConnell Place West Alzheimer Care Centre
Address:	8720-165 Street., Edmonton, AB T5R 5Y8
Contact:	Rod Vidal, Activities Convener
Phone:	(780) 413-4901
Description:	McConnell Place West offers ongoing craft classes to its residents during the winter. MPW encourages residents to focus on the process of creativity rather than on their perceptions of the final product they have created. Because MPW is an Alzheimer care centre, it tries to provide projects that have practical applications and provide opportunities for patients to reminisce. Craft projects are also used to orient the community to special holidays and events. Residents are encouraged to take part in other creative outlets like gardening, plant arranging, and decorating the living space. MPW has a large collection of prints from well-known Alberta painters. These works depict everyday living and provide opportunities to reflect and remember moments from the past. As a goal, MPW strives to provide creative outlets as tools for communication, self-expression and socialization.
Website:	www.capitalcare.net/centres/mcconnell_west.html

Centre:	Misericordia Community Hospital
Address:	16940 - 87 Avenue Edmonton, AB T5R 4H5
Contact:	Brenda Shim, Manager, Volunteer Service Department
Phone:	(780) 735 - 2753
Fax:	(780) 735 - 2581
Email:	brenda.shim@covenanthealth.ca
Description:	The Misericordia Hospital has been operating "Creative Care--The Arts and Healing in Medicine" program since 2001. This program includes a variety of initiatives to enhance and beautify the healing environment of the hospital. Using a collaborative approach, patients are involved in holistic healing journeys through creative activities including drawing and painting, storytelling and reading, journaling and poetry, instrumental music and singing, and crafting. The Misericordia has also undertaken several visual arts initiatives including: 1. The 'Meaning Mural' Project, a collaboration of community artists, staff and volunteers depicting Hope and Healing on a mural

	<p>for the main lobby (AFA Grant supported)</p> <p>2. The ongoing 'Creative Care Tile Mural / Ceramic Tile' Project, a mural commission by a local artist for the Cardiac Care Unit</p> <p>3. 'Reaching Out and Making a Difference - a Symbol of Hope Mural' project.</p> <p>Each month, different groups of emerging local artists hang paintings for exhibition and sale in four different locations in the hospital.</p>
Website:	www.capitalhealth.ca/HospitalsandHealthFacilities/Hospitals/MisericordiaCommunityHospital/default.htm

Centre:	Royal Alexandra Hospital
Address:	10240 Kingsway Avenue, Edmonton, AB T5H 3V9
Contact:	Susan de Seguin, Coordinator of Volunteer Resources/Chair; Visual Arts Committee
Phone:	(780) 735-4430
Email:	volunteer.rah@albertahealthservices.ca
Description:	<p>The Royal Alexandra Hospital has a Visual Arts Committee, which is made up of volunteers from the community and the hospital. They meet monthly to administer the Visual Arts Program. The program involves the procurement and display of donated or purchased visual art (paintings and some sculpture) throughout the hospital.</p> <p>Volunteer Resources also maintains a Gallery wall upon which community artists can display their artwork for sale, with a commission taken by Volunteer Resources to help maintain the program. Volunteer Resources occasionally hosts a musicians or entertainers to perform in the hospital atrium, and future plans may include a more comprehensive performing arts program.</p>
Website:	www.capitalhealth.ca/HospitalsandHealthFacilities/Hospitals/RoyalAlexandraHospital/default.htm

Centre:	Shepherd's Care Kensington Village
Address:	12603 135 Ave Edmonton, AB T5L 5B2
Phone:	(780) 477-3840
Fax:	(780) 452-3794
Description:	The Recreation Department at Shepherd's Care Kensington provides poetry reading, ceramics, Sing-a-longs, music bingo, and journal writing for senior residents.
Website:	www.shepherdscares.org

Centre:	Stollery Children's Hospital
Address:	4B1.08, 8440 112st Edmonton, AB T6G 2B7
Contact:	Diane Tuterra, Childlife Department Leader
Phone:	(780) 407- 6818
Fax:	(780) 407-7198
Description:	The Stollery offers a variety of arts & crafts materials in their children's and teens' rooms. Childlife staff also work individually in the rooms with the children, engaging them in a variety of artistic pursuits. Music is offered for relaxation, fun and comfort. Childlife also hosts a variety of entertainment for the children, including the Caring Klowns, Street Performers, and visiting celebrities from various art disciplines.
Website:	www.capitalhealth.ca/HospitalsandHealthFacilities/Hospitals/StolleryChildrensHospital/default.htm

Centre:	Strathcona Alzheimer Care Centre
Address:	12 Brower Drive, Sherwood Park, AB T8H 1V3
Phone:	(780) 417-4355
Description:	Arts & Crafts Programming
Website:	www.capitalcare.net/centres/alzheimer.html

Program:	Friends of Arts in Health Care Program
Centre:	University of Alberta Hospitals, Friends of University of Alberta Hospitals
Address:	U of A Hospital, 8440 112 St. Edmonton, AB T6G 2B7
Contact:	Michelle Casavant, Manager of Arts & Healthcare Program
Phone:	(780) 407-1139
Email:	Michelle.Casavant@albertahealthservices.ca
Description:	<p>The Friends of U of A Hospitals operate the Arts in Health Care Programs. The four distinct areas of this programming include:</p> <ol style="list-style-type: none"> 1. The McMullen Art Gallery 2. The U of A Hospital Art Collection (1300 pieces of original art) 3. Artists on the Ward (5 resident staff artists supported by 30 volunteer artists) 4. Special projects, consisting of Art Commissions and the development of specialized arts programs. <p>The McMullen Gallery receives 17,000 visitors annually, hosting 5-6 exhibitions of local and national artists. The McMullen exhibits jury submissions annually on March 31. A variety of artistic disciplines have been represented in the Artists on the Wards program including visual art, music, writing/poetry, dance and</p>

	drama. The program is mainly aimed at acute care adult patients of the U of A Hospital, with a secondary emphasis on staff and patients' visitors. The Friends of the U of A Hospital provides financial support and operations direction for this specialized programming.
Website:	www.capitalhealth.ca/HospitalsandHealthFacilities/Hospitals/UniversityofAlbertaHospital/AboutUs/Artists_on_the_Wards.htm

Chinook Health Region

Centre:	Crowsnest Pass Health Centre
Address:	2001 107 Street, Blairmore AB T0K 0E0
Phone:	(403) 562-5011
Fax:	(403) 562-8992
Description:	The Recreation Department at Crowsnest Pass Hospital offers a weekly Art Therapy Program, which encourages residents to engage in a variety of mediums to create art. Currently, watercolour painting is being explored, and reminiscence pictures are being used to stimulate memory and creativity.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=3310

Centre:	Lethbridge Regional Hospital
Address:	960 - 19 Street South, Lethbridge AB T1J 1W5
Phone:	(403) 388-6111 ext. 1732
Fax:	(403) 388-6011
Description:	Since 1988 the LRH Board of Directors and the Healing Arts Committee have sought out resources to use to contribute to a sense of well-being and health for patients, staff and visitors at the Lethbridge Regional Hospital. Lynne Hunter-Johnston has been director of The Healing Arts Program for many years. The Program includes the Andy Andreachuk Visual Arts Collection, The Art Cart, The Music Cart, Strolling Performers, Caring Clowns, special activities such as T'ai Chi and "Staff Laffs," and the support of continuous pilot projects such as Caring Touch and Artist Rounds. The Healing Arts Program is also a Community Resource, offering in-services, presentations and workshops to service group and health-related organizations. These sessions cover a variety of topics pertaining to the value of arts in healing and medicine.

Centre:	Taber Hospital
Address:	4326 50 Avenue, Taber AB T1G 1N9
Contact:	Annette Yunick, Recreation Therapist
Phone:	(403) 223-7214
Fax:	(403) 223-1703
Description:	The Recreation Department coordinates an Art Therapy Program that offers painting, crafts, and other visual arts. A Music Therapy program is facilitated by the recreation staff. Volunteer musicians are also brought in for entertainment.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=3307

David Thompson Health Region

Centre:	Ponoka Hospital and Care Centre
Address:	5800 - 57 Ave., Ponoka AB T4J 1P1
Contact:	Judy Caza, Recreation Therapy Assistant Sean Slaney, Recreation Therapist
Phone:	(403) 783-3341 ext. 2476
Description:	The Recreation Department offers an extensive music program for long term care residents. This program offers music three times a week and consists of performances by four different groups of volunteer musicians as well as hymn sings and other sing-songs. Volunteer musicians are a wide assortment of yodeling cowboys, fiddlers, pianists and singers.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000330

Centre:	Red Deer Regional Hospital Centre
Address:	Bag 5030 T4N 6R2, 3942 - 50A Ave, Red Deer AB T4N 4E7
Contact:	Donna Carter, Director of Volunteer Resources
Phone:	(403) 358-4308
Email:	dhcarter@dthr.ab.ca
Description:	The Red Deer Regional Hospital has recently launched its Arts and Wellness Program "Kaleidoscopes," which has eight components that are currently operating or are in development. Current programs include Caring Clowns, Laughter Therapy, a Ceiling Tile Project with Red Deer College visual arts students, and the display of the Alberta Foundation for the Art's Loan Collection. As well, Lindsay Thurber High School students are currently providing a weekly art class to the rehabilitation unit clients. Art Gallery areas will be developed to securely display works of art from community members, students and children.

	<p>Future initiatives also include an Art Lending Program, in which patients and their families pick from a wide selection of artwork to be displayed at their bedside (in partnership with the Red Deer Public Library), Artists on the Rounds, and an Art Collection for permanent display throughout the facility. The Hospital has also recently partnered with ArtSparks, the Persons with Developmental Disabilities Central Alberta Community Board, and Art à la Carte to offer “Creative Connections,” a space where organizations can display artwork created by their clients and/or members while also sharing information about their mandate and services.</p>
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000342

Centre:	Stettler Hospital and Care Centre
Address:	Bag 500, 5912 - 47 Ave., Stettler AB T0C 2L0
Contact:	Carolyn Newton, Director of Volunteer Services
Phone:	(403) 742-1244
Description:	An extensive Music Program is facilitated by volunteers and by the Recreation Therapy staff for Long Term Care residents. Other programming includes visual arts and crafts, including a woodworking program. Arts programming is offered to the residents approximately nine times a week.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000353

Centre:	Wetaskiwin Hospital and Care Centre
Address:	6910 - 47 St., Wetaskiwin AB T9A 3N3
Contact:	Joanne Clark & Sheryl Stone, Recreation Therapy assistants Sean McKibbin, Recreation Therapist
Phone:	(403) 361- 4327
Description:	The Recreation Therapy staff offers visual arts programming for Long Term care residents, which includes painting, drawing, and other crafts.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000366

East Central Health Region

Centre:	Lamont Hospital
Address:	5216 - 53 Street, Bag Lamont, Alberta T0B 2R0
Contact:	Wendy Horricks, Recreation Therapist
Phone:	(780) 895-2211 Ext. 305
Fax:	(780) 895-2200
Description:	The Recreation Therapy department offers an Art Therapy program, providing various visual arts programs based on the ability levels of Long Term Care residents. The team has attended an in-service by an Art Therapist to help shape their programming; they now offer painting, colouring, crafts such as quilting, knitting, crocheting, and projects such as collages and hand casting. The Rec Therapy team offers a variety of music programming as well, including: handbells, sing-a-longs, a "Music Maker," and Music Relaxation.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000187

Centre:	Mundare (Mary Immaculate Health Centre) Health Clinic
Address:	Box 349, Mundare, Alberta T0B 3H0
Contact:	Effie Lakusta, Recreation Therapy Aide
Phone:	(780) 764-2112 ext. 136
Description:	The Mary Immaculate Health Centre offers an arts & crafts program, special music, and "sit and dance" to their Long Term Care Residents. The program is facilitated by the Recreation Department and supported by volunteers.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000170

Centre:	Viking Health Centre
Address:	Box 430, 5020 - 57 Avenue Viking, AB T0B 4N0
Contact:	Debbie O'Toole, Recreation Therapist
Phone:	(780) 336-4790
Fax:	780) 336-4916
Description:	The Recreation Therapy team brings in music and large group entertainment for the Long Term Care residents.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000189

Centre:	Wainwright Health Centre
Address:	530 6th ave, Wainwright, AB T9W 1R6
Contact:	Rhonda Vandenberg, Recreation Therapist Joanna Coleman, Recreation Therapy Aide
Phone:	(780) 806-2004
Fax:	(780) 842-2887
Description:	The Recreation Therapist department brings in various performances, both musical and dramatic, for Long Term Care residents. Simple crafts are also a part of the recreation programming.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000326

Northern Lights Health Region

Centre:	Northern Lights Regional Health Centre
Address:	7 Hospital Street Fort McMurray, AB T9H 1P2
Contact:	Alaina King, Recreation Therapist
Phone:	(780) 791-619
Email:	aking@nlhr.ca
Description:	The Recreation Therapy Department offers an Arts & Crafts program to enhance the daily experience of Long Term Care residents.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000249

Palliser Health Region

Centre:	Big Country Hospital
Address:	P.O. BOX 150 312 - 3rd Street East, Oyen AB T0J 2J0
Contact:	Val Evens & Alicia Gilmer, Activity Convenors & Volunteer Coordinators
Phone:	(403) 664-4300 (main line)
Description:	The Recreation Department offers an Arts & Crafts Program in Long Term Care, participates in Oyen's Fair, provides music at least once a week, and also hosts special groups for the entertainment of the residents.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000734

Centre:	Brooks Health Centre
Address:	Bag 300, 440 - 3rd Street East, Brooks, AB T1R 1B3
Contact:	Carrie Huckerby, Recreation Therapist
Phone:	(403) 501-3259
Description:	Arts programming in Long Term Care includes a ceramics program, and an extensive crafts program with activities ranging from making cards to constructing birdfeeders. A music program is also offered as well as some horticultural therapy.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000732

Centre:	Bassano Health Centre
Address:	P.O. Box 120 Bassano, AB T0J 0B0
Contact:	Carrie Huckerby, Recreation Therapist
Phone:	(403) 641-6123
Description:	As above, arts programming in Long Term Care includes a variety of visual arts and music.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000731

Peace Country Health Region

Centre:	Central Peace Health Complex
Address:	PO Box 339, 5010 - 45 Avenue, Spirit River, Alberta T0H 3G0
Contact:	Cher Patton, Recreation Therapy Aide Supervisor: Ellen Helgenson (Queen Elizabeth II Hospital)
Phone:	(780) 864-4703
Fax:	(780) 864-3495
Description:	The Recreation Therapy Department offers a variety of arts and crafts programming for the Long Term Care residents.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000183

Centre:	Queen Elizabeth II Hospital
Address:	10409 98st, Grand Prairie AB T8V 2E8
Contact:	Karen Longmate, Arts Director Queen E II Hospital Foundation
Phone:	(780) 538-7583
Fax:	(780) 538-7597
Description:	The Queen E II Hospital hosts an open hallway gallery of 400 pieces of original artwork for patients, staff and visitors to enjoy. The Foundation supports this initiative, and retains 25% commission of the sale of the art to maintain the program.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000208

Centre:	The High Prairie Health Complex; Continuing Care
Address:	Bag 1, High Prairie, Alberta, T0G 1E0
Contact:	Patti Lanigin, Recreation Therapist
Phone:	(780) 523-6471
Description:	The Recreation Department coordinates art activities for long-term care residents. These activities are supported by the Recreation Therapy budget and the help of a few volunteers.
Website:	www.albertahealthservices.ca/facilities.asp?pid=facility&rid=1000193

Independent Initiatives

Centre:	Art à la Carte
Address:	Box 72003, R.P.O Glenmore Landing, Calgary AB T2V 5H9
Contact:	Debbie Baylin, Executive Director
Phone:	(403) 281-6131
Fax:	(403) 251-4249
Email:	framinghope@gmail.com
Description:	<p>Art à la Carte is a registered charitable organization based in Calgary, Alberta whose vision is: "To see medical facilities worldwide acknowledge the powerful connection between art and healing by filling otherwise sterile environments with meaningful artwork." While the program began as an initiative to bring a rotating collection of art work to hospitals for long-stay patients and acute care, its focus has evolved to also include building healing environments in various areas of hospitals (waiting room, infusion units etc.).</p> <p>Currently Art a La Carte operates two galleries of donated and dedicated artwork at the Foothills Medical Centre; the Lee Zimmerman Gallery and the Footprints Gallery. Art a la Carte is able to operate through support by donation and is manned exclusively through volunteer hours.</p>
Website:	www.artalacarte.org

Centre:	GeriActors and Friends
Address:	SAGE, 15 Sir Winston Churchill Sq, Edmonton, AB T5J 2E5
Contact:	David Barnet, Artistic Director
Phone:	(780) 436-9805
Email:	david.barnet@ualberta.ca or dbarnet@ualberta.ca
Description:	<p>The GeriActors is a community-based theatre company of seniors that produces original theatre to be performed for other seniors, caregivers and professionals in the area of senior care. Performances include plays based on reminiscences, and scenes about retirement, seniors' relationships and marriage, Alzheimer's, funeral arrangements, senior abuse and many other issues and stories that focus on the lives of seniors. Humour is an integral part of the work. Performances occur in lodges and seniors centres, and for students throughout Edmonton and the surrounding area. The GeriActors is a program of SAGE (The Seniors' Association of Greater Edmonton), which provides rehearsal space and full administrative support. Other supporting institutions: ECALA, University of Alberta Department of Drama, Community Service Learning and the U of A Faculty of Arts.</p> <p>GeriActors Friends also produces FEST (Festival of Edmonton Seniors Theatre), Under One Sky (multicultural theatre with immigrant seniors) and the Artist-Teacher Project, delivering professional theatre workshops to seniors.</p>
Website:	www.geriactors.ca

Centre:	iHuman Youth Society
Address:	10231 95 Street Edmonton, AB T5H 2B2
Contact:	Bonnie Kurien, Supervisor
Phone:	(780) 440-9541
Email:	bonnie@ihuman.org
Description:	iHuman provides harm-reduction programs using arts-centered mentorship and services to high-risk youth. Support from a variety of government, corporate, and private sources enables the program to operate.
Website:	www.ihuman.org

Centre:	The SOS Players
Address:	#201, 10621 – 100 Ave Edmonton, AB T5J 0B3
Contact:	Colin Simpson, Northern Region Program Manager
Phone:	(780) 488-2342
Fax:	(780) 482-3027
Email:	colin@ssa-edmonton.com
Description:	<p>The Speaking of Schizophrenia (SOS) Players are people living with Severe and Persistent Mental Illness (SPMI) who present plays to educate the public about their condition. The SOS Players is a non-profit organization which presents two to four plays per month at conventions, high schools, junior highs, and for other mental health support groups all over the province of Alberta. Their mandate is three-fold:</p> <ol style="list-style-type: none"> 1) to improve the quality of life for the Players through an empowering, caring, and social environment; 2) to raise public awareness of the realities of schizophrenia, bipolar, anxiety, obsessive-compulsive, schizo-affective and related disorders; 3) to develop the confidence and communication skills of the Players and improve the quality of life for countless individuals and their families.
Website:	www.sosplayers.ca

Centre:	Studio C, Community Art and Resource Centre
Address:	#9, 100 – 7th Ave SW, Calgary, Alberta T2P 0W4
Contact:	Alexi Davis, Community Development Coordinator
Phone:	403.269.1838 or 403.273.2822
Email:	403.269.1848 or 403.273.0090
Description:	alexi.davis@prospectnow.ca
Website:	<p>An integrated art studio and gallery. Studio C's initial objective was to more fully integrate disability arts into the broader arts community; thereby increasing community capacity and reducing social exclusion. This initial mandate has expanded as the Studio C model need not be limited to any one marginalized population. Studio C successfully challenges the arts community and the general community to consider their perspective of vulnerable persons, mainstream conceptions of art, art as a means of communication and expression for those who may have difficulties doing so through conventional means, and art and art exhibitions as a means of overcoming stigma and shaping public perceptions. Classes are developed and taught by educated and practicing community artists. They are offered to anyone, with and without disabilities, as well as classes for 50+, youth, and children. The gallery showcases a new public exhibit each month.</p>
	www.prospectnow.ca , www.artcentral.ca

Individual Practitioners

Practitioner:	Judy Atkinson, BA, MEd, Prof DCF President and Founder of Circles of Rhythm
Phone:	office: (403) 253-2023 Cell: (403) 862-5654
Email:	judy@circlesofrhythm.com
Description:	<p>Judy Atkinson is an inspirational professional Drum Circle Facilitator operating out of Calgary Alberta. She provides hands-on drum circle workshops, and keynote presentations for the workplace, community and private social events. Part of a new and growing international movement of 'DCFs' or Drum Circle Facilitators, her focus is on using the drum circle as a learning tool for both the professional and personal wellness. Key topic areas are team/community building, stress relief, awakening the inner leader, health and wellness.</p> <p>Winner of the Woman of Vision award, Judy regularly offers workshops to fortune 500 companies, cancer survivors, schools and government agencies as well as numerous non-profit societies in Alberta and across the country. A very new form of personal and professional development; seeing is believing so please come to an event to find out for yourself the power of the drum for personal and professional well being.</p>
Website:	www.circlesofrhythm.com

Practitioner:	Martha Jean Clarke and Kim Wanner
Address:	15210 79A Avenue, Edmonton, AB
Phone:	(780) 484-8576
Email:	marthajclarke@hotmail.com
Description:	<p>Volunteer program using expressive arts and music in palliative care at the Edmonton General. The Palliative Care Unit at the Edmonton General provides financial support for arts supplies. The volunteers also receive support from staff with the Edmonton General.</p>

Practitioner:	Gary Holdgrafer, PhD.
Phone:	(780) 452-8251
Email:	gary@exploringcreativity.com
Description:	<p>Dr. Holdgrafer's primary interest is in the area of creative aging and how people can enrich the second half of life through everyday creativity and by engaging in the arts.</p>
Website:	www.exploringcreativity.com

Practitioner:	Arlene Lack, BScN., Artist/Teacher
Address:	3203 – 112 B Street Edmonton, AB. T6J 3W6
Phone:	(780) 438-3330
Email:	ardelie@telus.net
Description:	Lack is a nurse who specializes in porcelain doll-making. She teaches antique reproduction and modern doll-making. She has taught her craft to patients at the Cross Cancer Institute as well as to seniors and doll-makers of all ages.
Website:	N/A

Practitioner:	Jocelyne Lauzon, BA, MSSW., RSW, Art Therapist, Mental Health Therapist
Address:	Fairview Health Complex, P.O. Bag 2201, Fairview, AB T0H 1L0
Phone:	(780) 835-6149
Fax:	(780) 835-6185
Description:	Jocelyne currently works for Peace Country Mental Health in the Fairview/Peace River/Spirit River area. She uses Art Therapy in her practice which consists of using a wide variety of art materials specifically chosen for the client depending upon DSM-IV designation. Art Therapy is used for both assessment and healing purposes.
Website:	N/A

Practitioner:	Marilyn Magnuson, MSW RSW RCAT Express Yourself – Child & Family Art Therapy
Address:	67 Flavelle Rd SW Calgary, AB
Phone:	(403) 836-6024
Email:	mmagnuson@shaw.ca
Description:	<p>Marilyn Magnuson is a Registered Social Worker, Master of Social Work, and a graduate of Vancouver Art Therapy Institute. She is a faculty member of the Prairie Institute of Expressive Arts Therapy in Calgary. As a family therapist at an adolescent day treatment program she provides art therapy for teens and their families suffering from depression, anxiety and suicidal ideation.</p> <p>Her part time private practice, Express Yourself Art Therapy, offers counselling for individuals, families and groups. Clients create images from a variety of art materials accompanied with music and guided relaxation. Images are processed through talk therapy. Marilyn's specializes in trauma, mental health conditions and family relations. Marilyn provides workshops for a variety of</p>

	educational and social service agencies for staff and clients. Fees can be reimbursed through extended healthcare benefits as well as First Nations and Inuit Health Services. Marilyn was co-founder of the prairie chapter of the Canadian Art Therapy Association.
Website:	www.ExpressYourselfArtTherapy.com

Practitioner:	Bonnie J. Martin, Mental Health Therapist Claresholm Addictions & Mental Health Clinic
Address:	Box 2198, Claresholm, AB T0L 0T0
Phone:	(403) 625-4068
Fax:	(403) 625-4177
Email:	bonniej.martin@albertahealthservices.ca
Description:	Psychotherapy with individuals - age 6 to elderly if cognitively able to be involved in some form of psychotherapy. Forms for therapy used are cognitive-behavioral, solution focused, psychodynamic, art therapy, play therapy, mindfulness based interventions and other expressive arts based therapies.

Practitioner:	Bonnie Osoff-Bultz MSW RSW RDT Registered Drama Therapist Registered Social Worker on Private Practice Roster Neuromotor Program/Neuroscience Alberta Children's Hospital
Address:	Main Floor, Alberta Children's Hospital; 2888 Shaganappi Trail NW Calgary, AB. T3B6A8
Phone:	(403) 955-7030 Private practice: (403) 283-8595
Email:	Bonnie.OsoffBultz@CalgaryHealthRegion.ca
Description:	<p>Bonnie Osoff-Bultz has worked at the Alberta Children's Hospital as a Social Worker in Neuromotor/Neurosciences for the past 23 years where she uses Drama/Arts therapies in her practice. She was the Creative Arts Therapy consultant at Wood's Homes Stabilization Program for 21 years & has a standing contract as a Drama Therapist with Calgary & Area Child & family Services. She has taught sessionally & received innovation grants at University of Calgary, ACAD, Mt. Royal, Grant MacEwan.</p> <p>A published writer & editor she is currently writing a chapter on Dance Therapy for a new book. She was President of the Arts Therapy Association, now President of Inside-Out Theatre for persons with special needs & sits on the provincial RLC for Canadian Blood Services. She has provided consultation for the Therapeutic Clown Program at ACH & facilitated the 3 day Youth Summit on Homelessness. She continues to choreograph and perform in theatre in Western Canada and the US.</p>

Practitioner:	Lou Punko, BEd, BA, Artist
Address:	18540 53A ave Edmonton, AB T6M 2G2
Phone:	(780) 481-4991
Email:	johnlou@telusplanet.net
Description:	Lou Punko offers private sessions of visual art in an effort to advocate arts as an integral component of wellness. One specific project, "Altered Art Books," involves altering an existing book with personally meaningful collages and paintings. Lou also works with paper and fabric mandalas.

Practitioner:	Bev Ross, Certified Therapeutic Harp Practitioner, Certified Vibroacoustic Harp Therapy Practitioner
Address:	11534 77 Avenue Edmonton, AB T6G 0M1
Phone:	780-431-8486
Email:	bev@harphaven.ca
Description:	Bev is a staff musician at the UofA Hospital's Artist on the Wards program. She also provides therapeutic harp services to the Cross Cancer Institute, both at bedside and as a facilitator in the Arts and Medicine program, where she leads a harp circle for cancer patients and co-facilitates a music and healing program. Bev is a practitioner of vibroacoustic harp therapy, a one-on-one therapeutic modality often described as musical massage, where live harp music is amplified through a sound bed on which the patient reclines.
Website:	www.harphaven.ca

Practitioner:	Catherine Samson, MA., Expressive Art Therapist
Centre:	Poundmakers Lodge Treatment Centre
Address:	#1 Poundmaker Road, St. Albert, AB, T8N 3T5
Phone:	(780) 554-1611
Description:	Catherine Samson has 35 years of experience working and training in arts/health. Her current work at Poundmaker Lodge is as leader of the Expressive Art Therapy Program, and includes facilitation in: sculpture, creating sacred objects, working with natural objects (wood, clay and leather), labyrinth making, mandala work, laughter therapy, creating music, poetry, and writing. Catherine has recently been engaged to provide Humour Therapy at the Glenrose, and Clown Therapy with Elementary Children at Woodside School (Edmonton).

Practitioner:	Jayne Scott, BscN, MSc, BFA
Address:	203 Rhatigan Road West Edmonton AB T6R 1A2
Phone:	(780) 437-7367
Description:	Jayne Scott offers private drop-in art sessions for health care professionals in her home. These sessions allow clients to work in whatever medium they connect with, and arose from a need Jayne identified amongst her friends and colleagues for creative nurturing.

Practitioner:	Shirley A. Serviss, BA, MTS
Address:	#22 11016 86 Avenue Edmonton, AB T6G 0W9
Phone:	(780) 433-7561
Email:	sserviss@telus.net
Description:	<p>Shirley is a poet, essayist, editor, freelance writer and writing instructor. She has published three collections of poetry: <i>Model Families</i>, <i>Reading Between the Lines</i> and <i>Hitchhiking in the Hospital</i>. She also co-edited an anthology on women and depression, <i>Study in Grey</i>, with Wynne Edwards. Shirley also served as Writer-in-Residence for the Canadian Authors Association, Alberta Branch in 2008–2009 and for Edmonton Lifelong Learners Association in May, 2010.</p> <p>Shirley currently works as a literary Artist on the Wards for the Friends of University of Alberta Hospitals. She works at the bedside of acute-care patients throughout the hospital—reading to patients, handing out Poetic Medicine or Thoughts for the Day, encouraging patients and their families to express themselves by writing poetry or keeping journals. Shirley also facilitates numerous writing workshops and courses for the Faculty of Extension, Grant MacEwan University, the Cross Cancer Institute, and Central Lions Seniors Recreation Centre among others.</p>

Practitioner:	Virginia Stephen, Consultant (Cultural Futures Associates)
Address:	14611 95A ave, Edmonton, AB T5N 0B8
Phone:	(780) 488-3155
Email:	vstephen@telus.net
Description:	Virginia Stephen's work focuses on individuals with chronic disease. Initiatives she has been involved in include: a curatorial project for an exhibition exploring one person's journey with cancer through his art and writing, research on the role of art as a way of life in dealing with chronic illness (depression), and program development.

Practitioner:	Mary Sullivan Holdgrafer MEd, Artist & Writer
Phone:	(780) 452-8251
Email:	mary@exploringcreativity.com
Description:	Mary is a creativity and meaning coach. She teaches courses on-line and in person that address issues of aging and creative expression, creativity and health-related issues as well as ways to develop and nurture a creative life. She is on the faculty of the Haven Institute on Gabriola Island, BC. Mary's art work is held in public and private collections in many countries throughout the world. She writes monthly essays for her website.
Website:	www.exploringcreativity.com

Practitioner:	Dr. Yvonne Trainer, PhD.
Address:	Office 204, Department of English St. Mary's University College 14500 Bannister Road SE Calgary, AB T2X 1Z4
Phone:	(403) 245-3391
Email:	
Description:	Dr. Trainer has been working in the area of Medical Humanities in Alberta for the past fourteen years. She is a PhD graduate in 20th Century Literature, specializing in 20C Lit and Medicine in Literature, with a two year special study in Medicine in Lit and Lit in Antiquity to the Present. She is a professor (and designer) of Literature and Health Care classes, and is also a writer whose poetry has been published in various medical and literary journals. Dr. Trainer has also published a chapbook and four books of poetry. She presently teaches university-level English literature at St. Mary's University College in Calgary. She is also researching and creating a pictorial, poetic and historical long poem sequence on the life of Dr. Brett, an early physician in Alberta – plus writing individual poems.

Research & Researchers

Contact:	Pamela Brett-MacLean, PhD Director, Arts & Humanities in Health & Medicine Program Faculty of Medicine and Dentistry, University of Alberta
Address:	2-74 Zeidler Ledcor Centre Edmonton, AB Canada T6G 2X8
Phone:	(780) 492-0980
Email:	pbrett-maclean@med.ualberta.ca
Description:	<p>Pamela Brett-MacLean, PhD, is a founding director of the Arts & Humanities in Health & Medicine (AHHM) Program in the Faculty of Medicine & Dentistry at the University of Alberta. Since 2006, the AHHM program has grown to include both curricular and co-curricular opportunities and events regarding intersections between arts, humanities and medicine, with a focus on the art of compassion and caring. Pamela completed her interdisciplinary doctorate at the University of British Columbia in the area of arts and health. Her dissertation focused on the influence of amateur arts experience on health and wellness among older adults. Her current areas of educational and research interest include medical humanities, arts and health, and arts in healthcare.</p> <p>Pamela has been a long-term advocate for the development of structures that might support awareness, use, and engagement in the arts in health care, health care education, and community life. In 2001, she chaired a 5-day conference track on “Creative Aging through the Arts” that was included as part of the 17th World Congress of the International Association on Gerontology (Vancouver, BC). In 2005, she was an invited participant at the First Canadian Forum on Arts and Health, and also served on the conference planning committee for the Society for the Arts in Healthcare and First Canadian International Conference on the Arts and Healthcare held in Edmonton, AB. In 2008, she helped to initiate the annual Creative Age Festival in Edmonton, which celebrates the creative accomplishments of Edmonton’s senior artists and highlights opportunities for creative aging. That same year, she co-founded and continues to co-chair the Arts, Humanities and Social Sciences in Medicine Educational Interest Group as part of the Canadian Association for Medical Education. Since 2009 she has been a member of the Humanities and Arts Committee of the Gerontological Society of America.</p> <p>She is a contributing author of the paper “Tipping the iceberg: The state of arts and health in Canada,” which will appear in Arts & Health: An international journal for research, policy and practice later this year (2010).</p>
Website:	www.ahhm.med.ualberta.ca/Home/index.cfm

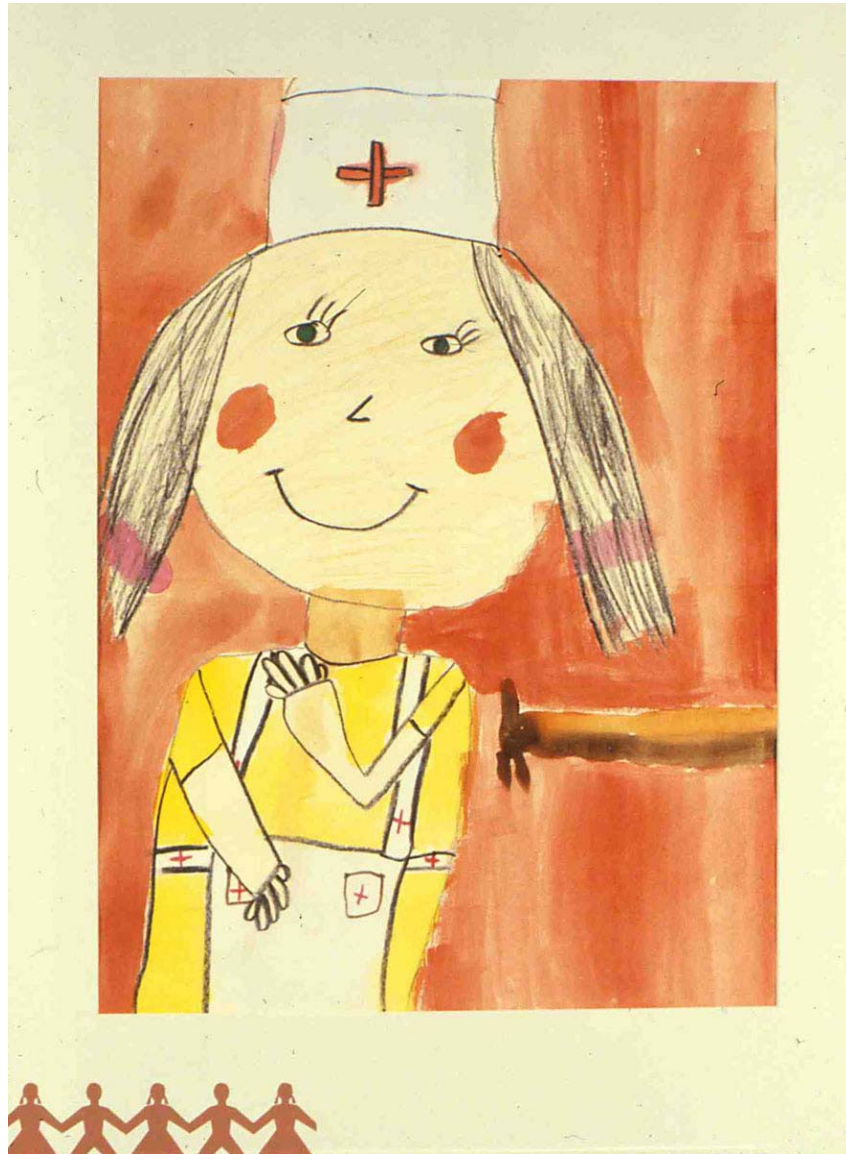
Practitioner:	Marja Cantell, PhD, Behavioural Research Unit/ Department of Pediatrics, Alberta Children's Hospital
Address:	2888 Shaganappi Trail N.W., Calgary, AB T3B 6A8
Phone:	(403) 955-37389
Email:	marja.cantell@albertahealthservices.ca
Description:	<p>Dr. Cantell is a pediatric health and exercise psychologist and a dance movement therapist working at the Alberta Children's Hospital. Her work at the Behavioural Research Unit is interdisciplinary, and her interest lies in all forms of human movement.</p> <p>Dr. Cantell's research typically combines theories and methodologies from different disciplines such as health psychology, human movement science, developmental movement and artistic inquiry. Her collaboration with Associate Professor Darcy McGehee (Program of Dance, Faculty of Arts, U of C), involved charting motor development in infants and pre-school children. Another collaboration with Dr. Maarit Ylonen (Jyväskylä University of Applied Sciences School of Social and Health Studies, Research and Development Unit), involved the development of a preschool based dance therapy program for immigrant and refugee children in Finland. These research projects have been published in a new European journal <i>Body, Movement and Dance in Psychotherapy</i> and in an Australian e-publication: www.ausdance.org.au/resources/publications/dance-dialogues/mind-body-connections.html#cantell.</p> <p>Dr. Cantell is a co-founder of TART = Therapeutic Arts Research Team at Alberta Children's Hospital. The long-term aim of her research program is to increase awareness of body-based artistic inquiry in education, therapy, and clinical supervision. Her current practical work in dance movement therapy includes facilitating adolescent groups with eating disorder, individuals with developmental delays and in hospice care. In addition, she lectures in exercise psychology, dance therapy and expressive arts therapy programs both locally and internationally.</p>
Website:	www.dancemovementcalgary.com

Contact:	Esther Suter, Research and Evaluation Consultant; Health Systems and Workforce Reserach Unit
Address:	10301 Southport Lane SW Calgary, AB T2W 1S7
Phone:	(403) 943-0183
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Email:	Esther.suter@albertahealthservices.ca
Description:	Esther Suter is a research and evaluation consultant in the Health Systems and Workforce Research Unit, Alberta Health Services. Suter currently evaluates health care environments. One recent project was an evaluation of the impact of SkyCeiling on patients undergoing lengthy treatment. This project is conducted in collaboration with a charitable organization, Art à la Carte.

Project:	Understanding the Subjective Context of Non-Hospitalized Adults with a Traumatic Brain Injury: A Case Study Using An Expressive Arts Approach
Completed:	June 2008
Contact:	Dr Carole-Lynne Le Navenec, RN, PhD Associate Professor, Faculty of Nursing, University of Calgary
Address:	2500 University Drive N.W Calgary, AB T2N 1N4
Phone:	(403) 220-6269
Fax:	(403) 284-4803
Email:	cllenave@ucalgary.ca
Description:	<p>The purpose of this exploratory research study was to gain a greater understanding of the subjective world of adults with a traumatic brain injury. Using an expressive arts approach the affective, cognitive and social domains of participants functioning and experience was mapped, in an effort to gain insights into how these individuals experience and understand their world and how they ascribe meaning, value and purpose to their lives.</p> <p>Analysis of both the qualitative and quantitative data (which were not statistically significant but indicated a positive change in pre- and post test scores), indicated that all participants demonstrated:</p> <ol style="list-style-type: none"> (1) an interest in attending each session (2) behaviors that fostered a sense of group solidarity/cohesiveness (3) enhanced sense of accomplishment at being able to find their way to the location of the session (4) more openness with each other as indicated by sharing ideas, feelings, or challenges (5) a decreased level of anxiety based on indicators used in Affect Rating Scale checklist (6) an enhanced level of problem-focused coping and sense of greater control and competence

	<p>(7) in their art creations, more: depth, use of space, greater variety of color, and showed more planning, and more willingness to discuss what was intended in their art</p> <p>Conclusion: These art-making sessions were valued by the participants, as an opportunity for enhancing creativity, and to grow by learning and sharing with others who had a TBI. They informed us that with a TBI one becomes more creative, and that these sessions should be continued for much longer</p>
Website:	www.cait.fr.nf

Appendix Survey Instrument



The Alberta Foundation for the Arts is currently completing an inventory of institutions, groups and individuals involved in activities related to the arts and health. The aim is to provide a map of arts and health-related activities happening in the province. Please understand that general information about the programs that you offer, or are involved in, will be reported in the inventory. A key outcome from this research may be the development of an arts and health network within the province.

BACKGROUND INFORMATION	
Name of Institution, Group or Individual	
Arts Discipline	
Contact Information	
Address:	
Phone Number:	
Fax Number:	
E-mail:	
Web Site:	
ARTS & HEALTH ACTIVITY	
Description of Activity	
Are your arts and health activity related to a specific target group (e.g., professionals, patients, seniors, wider-community, etc.)?	1 Yes 2 No
If yes, what is the target group (s)?	
Is your arts and health-related activity supported by an institution?	1 Yes 2 No

If yes, what type of institution supports your art and health-related activity?	
If yes, what kind of support do you receive?	
RESOURCES – STAFF AND FUNDING	
Do you have staff for your arts and health-related activity?	1 Yes 2 No
Can you provide contact information for the staff involved in your arts and health-related activity?	
Do you receive funding for your arts and health-related activity?	1 Yes 2 No
Who provides the funding for your arts and health-related activity?	
ARTS & HEALTH NETWORK	
Would you be interested in joining an arts and health network if one were developed in Alberta?	1 Yes 2 No
ADDITIONAL CONTACT INFO	
What other institutions, groups or individuals are you aware of that are involved in arts and health-related activities?	
Are you able to provide contact information for this institution, group or individual?	